



# CLINICAL PSYCHOSPIRITUAL EDUCATION

## What is CPE?

CPE is a form of education aimed to assist the practitioner at developing a better understanding of people, their difficulties, and existential experiences, while also growing in their capacity for safe and effective use of self in relation to spiritual care.

With 200 hours of supervised practice and 200 hours of group instruction, participants will: have clinical interactions with people in crisis, engage with other interdisciplinary healthcare members, gain experience in spiritual assessment and intervention, participate in case study presentations, peer seminars, and skill integration activities.

## Types of CPE in Manitoba

### Extended Unit

This program is typically offered during the academic year (September to April).

Time commitment: One 8-hour day for group supervision (class); one 8-hour day for clinical (practicum).

Application deadline: February 28

### Intensive Unit

This program typically runs May - July, and is referred to as a "full time" or "summer unit." It is not offered annually.

Time commitment: 8 hours a day, Monday-Friday for 12 weeks.

*Please note: The homework of CPE can add another 4-8 hours per week.*

## Who is CPE For?

CPE is designed for all persons interested in providing spiritual care in a professional setting or interested in personal growth. CPE is open to people from all walks of life - no matter the age, race, gender, spirituality, sexuality, nationality, or physical ability.

## University Affiliation

CPE in Manitoba is affiliated with Canadian Mennonite University and Providence University College & Theological Seminary. An acceptance letter from a CPE Centre is required before registering for CPE courses at the universities.

# CENTRES FOR CPE EDUCATION

## St. Boniface Hospital



Established by the Grey Nuns in 1871, St. Boniface Hospital was the first hospital in Western Canada. It has grown to a 554 bed tertiary care and research facility, sponsored by the Réseau Compassion Network. As a faith-based hospital, meeting spiritual needs is an integral part of caring for patients, regardless of their faith tradition, practices, or beliefs. Spiritual Care is fully integrated into the multidisciplinary team, attending daily health care rounds in all hospital programs. Students have the opportunity to practice their skills alongside seasoned spiritual care providers.

CSE: Chenene Layne

E-mail: [cpe.stb@gmail.com](mailto:cpe.stb@gmail.com)

## Selkirk Mental Health Centre



Selkirk Mental Health Centre (SMHC) is a 252-bed facility that provides specialized inpatient services to residents of Manitoba and Nunavut whose challenging needs cannot be met elsewhere in the health care system. Services are provided through five specialized program areas: Acute, Geriatric, Rehabilitation, Forensic, and Acquired Brain Injury. Students are provided with the opportunity of developing spiritual care competencies in the context of Mental Health. Indigenous Cultural Ceremony and Teachings are an integrated component of both classroom and experiential learning with Elders.

CSE: Lindsay Drabiuk

E-mail: [selkirkcpe@gmail.com](mailto:selkirkcpe@gmail.com)

## Riverview Health Centre



Riverview Health Centre (RHC) is a 388 bed facility with specialized therapeutic and restorative health services to adult residents of Manitoba in a supportive environment that recognizes the cultural, spiritual and ethnic diversity of our community. Best known for its 30 bed Palliative Care unit; RHC also features Neuro Rehab, Respiratory care and over 200 Personal Care Home beds. Riverview is a recognized Top Employer and embraces the philosophy of Person Directed Living. CPE students benefit from the experience and support of the larger Spiritual Health team, enriching the learning environment.

PSE: Jonathan Jandavs-Hedlin

E-mail: [cpe.rhc@gmail.com](mailto:cpe.rhc@gmail.com)



To download the application form and information sheets, scan the QR Code or click here: [CPE Application Form](#)

Once completed, send the CPE application form to the CPE Centre(s) to which you are applying.

[www.spiritualcare.ca](http://www.spiritualcare.ca)