

Horizon Health Network offers both
Intensive and Extended CPE Units.

Extended CPE

- ◇ Two days per week from September to April
- ◇ Students have the option to do their clinical placement in Moncton, Saint John, Fredericton, or Miramichi.
- ◇ Classroom days alternate between in-person and online.
- ◇ Students will need to commute for class a maximum of twice per month.

Intensive CPE

- ◇ Five days per week through the summer
- ◇ The unit is based in Moncton.
- ◇ There is an option for clinical placement in Moncton, Saint John, Fredericton, or Miramichi.
- ◇ Students must be physically present for classes in Moncton 3 of every 10 days.

For more information contact:

Pam Driedger, MDiv, CSCP, CSE
Manager of Spiritual Care
The Moncton Hospital
Pam.Driedger@Horizon.NB.ca
(506) 857-5347

CPE in Horizon Health Network New Brunswick, Canada



**Spiritual Care is a specialized practice
in healthcare.**

For more information about this
clinical specialty go to:

[Canadian Association for Spiritual Care
\(CASC\)](http://www.casc.ca)

<https://spiritualcare.ca>



CPE

Clinical Psychospiritual Education

The path to certification as a
Spiritual Care Practitioner



Developing the ability to
assess and respond to the
spiritual needs of patients
and families within a
clinical context

What is CPE?

CPE is **Clinical Psychospiritual Education**.

CPE is theoretical education and practical training that fosters the progressive development of nationally standardized competencies in providing spiritual care in a clinical setting.

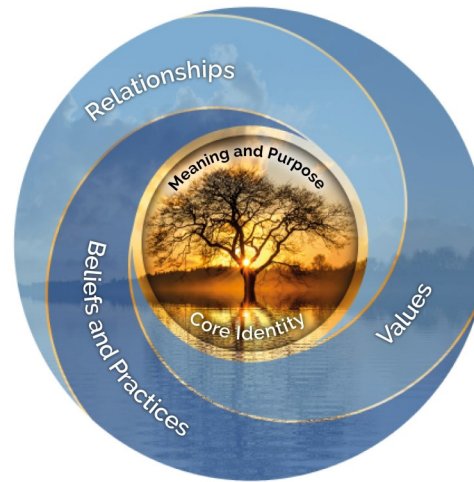
CPE is an experience-based approach to learning spiritual care and reflective practice.

CPE combines a clinical practicum with individual and group supervision, and structured reflection, led by a Certified Supervisor/Educator.

CPE teaches a spiritually integrated approach to psychotherapy that combines spirituality, theology, and psychology.

Each CPE unit is a minimum of 400 hours:

- ◇ 50% patient and family care
- ◇ 50% didactic presentations, group supervision using case conferences, interpersonal relations (IPR) group to develop reflective practice skills, and individual supervision



Who is CPE for?

- ◇ Individuals interested in becoming a Certified Spiritual Care Practitioner (CSCP)
- ◇ Health Professionals who wish to enhance their ability to respond to the spiritual needs of patients
- ◇ Students of Theology or Religious Studies pursuing a career in ministry
- ◇ Volunteers who wish to provide competent emotional, spiritual, and religious support
- ◇ Faith Leaders who wish to expand their competencies in providing care to hospitalized patients and their families
- ◇ Anyone interested in a transformative experience that promotes excellence in caring for people experiencing spiritual distress

The Canadian Association for Spiritual Care (CASC)

CPE programs are authorized and approved through the Canadian Association for Spiritual Care (CASC).

CASC defines a common scope of practice for clinical spiritual care and holds its members accountable to recognized standards, best practices, and a common code of ethics.

Academic Credit is offered through various educational institutions.

The program can also be taken on a non-credit basis.

CPE and Mindfulness

Mindfulness is a leading-edge, non-invasive practice increasingly used for stress reduction, pain, and distress management in healthcare.

The essence of mindfulness practices can be found in every spiritual tradition. Developing a clinical expertise in mindfulness practices such as mindful meditation, mindful inquiry, and mindful self-compassion is one of the goals of this CPE program.